

MINOR in INTEGRATED HEALTH SCIENCES 2025-2026

REQUIRED COURSES	CREDITS	SEMESTER OFFERED	COMPLETED
HTH 110 Personal Health & Wellness	3	Spring	☐
KIN 205 Foundations in Health & Human Performance	3	Fall	☐
NUTR 221 Basic Human Nutrition	3	Fall	☐
HPE 234 First Aid and CPR	2	Fall	☐
CHTH 262 Community Health	3	Spring	☐
HTH 325 Etiology of Disease	3	Fall	☐
PSYX 338 Health Psychology	3	Spring	☐
HTH 378 Sex Education	3	Fall	☐
ACT 150 Yoga	1	*	☐

- Please see Advisor

TOTAL CREDITS 24