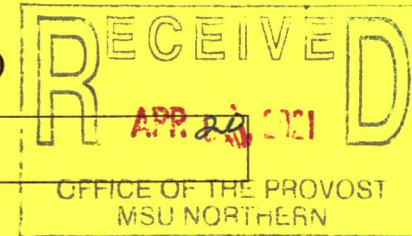


**ACADEMIC SENATE PROPOSAL TRACKING SHEET**  
**(Document To Be Originated By the Academic Senate Secretary On Canary Color Paper)**



<b>Proposal # 20-19</b>	<b>Title: KIN 483; Exercise, Disease and Aging</b>
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(Proposal explanation, submitter and college dean signatures on attached program/degree or course revision form.)


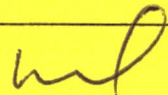
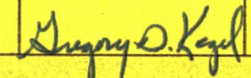
**All proposals MUST have their originating college faculty body (Ex. Arts & Sciences, Education and Nursing; Technical Sciences) approval and must be signed by the submitter and the college dean before being submitted to the Academic Senate Secretary.**

- P
1. Submit all proposals (using the appropriate Academic Senate program/degree and/or course revision forms or General Education Inclusion form) to the Academic Senate Secretary. **NOTE: Level 1 or Level 2 forms must be submitted concurrent with this proposal where applicable. For Education proposals, PEU approval must be received prior to forwarding the proposal to the Senate.**
  2. The Academic Senate Secretary logs and numbers items and forwards them to the appropriate Academic Senate subcommittee(s): General Education (if applicable), or Curriculum. A transmittal e-mail will be sent to the Recording Secretary of the receiving committee, cc Provost's Administrative Assistant, by the Academic Senate Secretary. A digital copy of the proposal will be linked on the Academic Senate Proposal page by the Academic Senate Secretary.
  3. The Academic Senate subcommittee(s) consider(s) the proposal. If approved, the proposal is returned to the Academic Senate Secretary for forwarding to the next committee. If a committee disapproves the proposal, the originator may request that the item be forwarded to the next body for consideration. The committee will provide written rationale to the originator, via the Academic Senate, when a proposal is disapproved and the proposal is returned to the originator. Upon completion of committee action, the proposal will be returned to the Academic Senate Secretary, and a transmittal e-mail sent by the Committee Recorder to the Senate Secretary, cc Provost's Administrative Assistant.
  4. The Academic Senate considers the proposal and recommends approval or disapproval. If approved, the proposal is forwarded to the Provost for consideration. If the Academic Senate disapproves the proposal, the originator may request that the item be forwarded to the Full Faculty for consideration, utilizing the procedures set forth in the Senate Bylaws. The Academic Senate will provide written rationale to the originator when proposals are disapproved and the proposal is returned to the originator.
  5. Approved proposals will be forwarded to the Provost. The Provost approves or disapproves the proposal. If approved, the proposal is then forwarded to the Chancellor. From this point forward, the Provost's Administrative Assistant will update the Proposal page on the website.
  7. The Chancellor approves or disapproves the proposal.
  8. The proposal will then either be implemented or referred to MSU for further action. The tracking page on the Provost site will be updated as required.

**Subcommittee and Academic Senate college representatives will notify their respective colleges' of the progress of submitted proposals or the proposal may be tracked via the web page -- <http://www.msun.edu/admin/provost/senate/proposals.htm>**

**Documentation and forms for the curriculum process is also available on the web page:**  
**<http://www.msun.edu/admin/provost/forms.htm>**

**\*\*\*\*\* (If a proposal is disapproved at any level, it is returned through the Academic Senate secretary and the Senate President, to the Dean of the submitting college who then notifies the originator.**

	Date	Action Taken	Signature	Date	Comments/Reason for Disapproval	Sent to	Date	Transmittal E-mail sent
*Abstract received by Senate Secretary		Copy to Senate President. Forward to Provost.						
*Provost		<input type="checkbox"/> Abstract Approved <input type="checkbox"/> Disapproved						
Received by Senate Secretary	3/3/2021	Tracking	DocuSigned by: Debra Bradley 26500A1E8DE64DB...		Forward to Gen Ed Comm	C Ozburn		DocuSign
General Education Committee (if applicable)	3/3/2021	<input type="checkbox"/> Approved <input type="checkbox"/> Disapproved	DocuSigned by: Cristy Ozburn 0E4DB1699F0941A...		Not Applicable	J Todd		DocuSign
Curriculum Committee (if applicable)	4/6/2021	<input type="checkbox"/> Approved <input type="checkbox"/> Disapproved	DocuSigned by:  C Reifschneider 0E4DB1699F0941A...		not applicable	C Reifschneider		DocuSign
Academic Senate	4/7/2021	<input type="checkbox"/> Approved <input type="checkbox"/> Disapproved	DocuSigned by: Carol Reifschneider C5660981C4F6A7...		not applicable	C Bond		DocuSign, Inner Office
Full Faculty (if necessary)		<input type="checkbox"/> Approved <input type="checkbox"/> Disapproved	8C0C778AE8D7467...					
Provost		<input checked="" type="checkbox"/> Approved <input type="checkbox"/> Disapproved		5/11/21		Chancellor	5/18/21	
Chancellor		<input checked="" type="checkbox"/> Approved <input type="checkbox"/> Disapproved		5-19-2021		Provost	5/20/21	-
MSU		<input type="checkbox"/> Approved <input type="checkbox"/> Disapproved	N/A					
BOR		<input type="checkbox"/> Approved <input type="checkbox"/> Disapproved	N/A					
NWCCU		<input type="checkbox"/> Approved <input type="checkbox"/> Disapproved	N/A					
Provost		Advise originating college and Academic Senate of status. Update Web page.						
Registrar		Catalog/Policy Manual Update						

NOTE: The secretary of the Academic Senate will update the Academic Senate Proposal web page from initial receipt until the proposal reaches the Provost. The Provost's Administrative Assistant will ensure that the current status of each proposal is maintained on the Academic Senate Proposal web page from that point forward.

\*Abstract and pre-approval required for new programs ONLY.

## COURSE REVISION FORM

NEW X DROPPED \_\_\_\_\_ MAJOR REVISION \_\_\_\_\_ FOR INFORMATION ONLY \_\_\_\_\_

College Health Sciences Program Area Integrated Health Sciences Date 2/12/21

Submitter  Dean  Date 3/1/21  
Signature Signature (indicates "college" level approval)

Please provide a brief explanation & rationale for the proposed revision(s):

*This course is listed in the MUS system, currently offered at University of Montana. Adding this course moves our curriculum closer to CAAHEP standards and positioned us to pursue accreditation.*

Please provide the following information:

**College:** College of Health Sciences  
**Program Area:** Integrated Health Sciences  
**Date:** February 12, 2021  
**Course Prefix & No.:** KIN 483  
**Course Title:** Exercise, Disease, and Aging  
**Credits:** 3

**Required by:** Integrated Health Sciences majors

**Selective in:** None  
**Elective in:** None  
**General Education:** None

**Lecture:** Yes  
**Lecture/Lab:** No  
**Gradable Lab:** No  
**Contact hours lecture:** 3  
**Contact hours lab:** 0

**Current Catalog Description (include all prerequisites):**

NA

**Proposed or New Catalog Description (include all prerequisites):**

*This course reviews the benefits of exercise and the pathophysiology of common chronic diseases and aging while examining the physiological response to exercise in aging and diseased people. Students will work with case studies as they practice prescribing exercise in special populations. Successful completion or concurrent enrollment of exercise physiology (KIN 320) is required.*

**Course Outcome Objectives:**

Students taking this course will develop:

1. An understanding of the problem-oriented approach to exercise management
2. Competence in the area of clinical exercise physiology
3. An understanding of the reasons and guidelines for graded exercise testing in apparently health populations with CHD risk factors and other chronic diseases
4. An understanding of CVD and chronic disease on exercise performance and the necessary considerations for exercise prescription
5. An ability to provide appropriate exercise prescription for apparently healthy individuals, cardiac patients, and special populations including physical and mental disabilities and chronic disease.

**Additional instructional resources needed (including library materials, special equipment, and facilities). Please note: approval does not indicate support for new faculty or additional resources. - None**