



MONTANA STATE UNIVERSITY
NORTHERN

Northern Network News

The Official Newsletter of MSU-Northern - November 1, 2019

MSU-Northern Dresses Up for Halloween



Faculty and staff were among the many people from all over campus who dressed up for Halloween.

Back to the 80's for Halloween



The Food Court went back to the 80's this year for Halloween by featuring food and prices from 80's. The menu included a Cheeseburger Combo for \$4.00, 6-pc Chicken Nugget Combo for \$3.00, and a Themed Buffet for \$7.95, featuring Sloppy Joes, Shake & Bake Chicken, Mini Corn Dogs, Jell-O Salad, Ants on a Log, E.L. Fudge Cookies, Mud Pie, and much more. Kool-Aid and Nestle Quick Chocolate & Strawberry Milk were also available.

MSU-Northern Attends 2019 L.I.F.E. Event in Great Falls



Last Thursday, Oct. 24, nine faculty and two students attended the 2019 L.I.F.E. event in Great Falls where students had a chance to **Learn** about their options, **Interact** with careers, **Formulate** a preliminary plan, and **Educate** themselves and their families on what steps to take next. About 350 students from the Great Falls area, as well as 10 surrounding rural schools, attended the event. The students were exposed, in a broad way, to a variety of career options. This was a hands-on, interactive event where students did more than just walk to a table and have a conversation.

Schedule Changes for Weekend Sporting Action



Due to the Blue Pony win this past weekend, they will be hosting a playoff game this Saturday, November 2, at 1:00 p.m. at Blue Pony Field. Therefore, our home football game against Carroll College has been moved to 7:00 p.m. Saturday evening. Also, our men's basketball game against Providence University College has been moved to Sunday, November 3rd, at 2:00 p.m.

MSU-Northern Ceramics Instructor Helps Local Soup Kitchen



Havre Art Association member and Montana State University-Northern ceramics instructor, Steve Helmbrecht, holds one of the cups the association will be selling during its art show in November to raise money for the Feed My Sheep Soup Kitchen.

They made 150 cups that will sell for \$25 each, all of the money from the cup sales will go to the soup kitchen. The cups are food and dishwasher safe and feature the artwork from 13 members of the Havre Art Association. The artists include: Ginny Streeper, Kris Shaw, Carona Sprinkle, Linda Pollington, Joel Soiseth, Lynn Hester, Melissa Litzinger, Jade Helmbrecht, Mary Nault, Linda Warneke, Joy Christofferson, Melissa Litzinger, Stephen Godwin and Kris Martens.

Photo by: Havre Daily News/Derek Hann

[Read more...](#)

Upcoming Major Events

Registration for Spring Semester – Starts Today

[Click here for a detailed registration Schedule](#)

Registration Schedule

GRADUATE & POST-BACCALAUREATE – Fri. Nov. 1

SENIORS - Mon., Nov. 4

JUNIORS - Wed., Nov. 6

SOPHOMORES - Fri., Nov 8

FRESHMEN - Tues., Nov. 12

NEW STUDENTS - Mon., Nov 18

Clocks Fall Back to Standard Time - Nov. 3

Currently we are on Daylight Saving Time. Clocks revert to standard time on the first Sunday in November. This Sunday you will need to set your clocks back 1 hour. Most cell phones will automatically reset the time for you.

[Click here for more information](#)

Campus Calendar

Friday, November 01

- Rusted & Busted Ticket Giveaway
- Skylight Volleyball vs Carroll College - 7:00 PM

Saturday, November 02

- Lights Wrestling @ Cowboy Open
- Lights Football vs Carroll College - 7:00 PM

Sunday, November 03

- Lights Basketball vs Providence University College - 2:00 PM

Monday, November 04

- Advance Registration for Spring Semester: Seniors

Wednesday, November 06

- Registration for Spring Semester: Juniors

- Skylights Basketball @ University of Montana (Exhibition) 11:30 AM

Thursday, November 07

- Red Cross Blood Draw 10:00 AM – 3:30 PM
- Skylights Basketball vs Vanguard University - 6:00 PM
- Lights Wrestling @ University of Providence - 7:00 PM - 8:30 PM
- Skylight Volleyball @ Rocky Mountain College - 7:00 PM

Friday, November 08

- Registration for Spring Semester: Sophomores
- Northern Cross Country @ Conference Championships
- Skylights Basketball vs Dickinson State University - 6:00 PM
- Lights Basketball vs Dickinson State University - 8:00 PM

Saturday, November 09

- Lights Wrestling @ Trapper Open
- Lights Football vs Southern Oregon University - 1:00 PM
- Skylight Volleyball @ UM-Western - 2:00 PM
- Rusted & Busted – Bigger Better Barn - 6:00 PM

MSU-NORTHERN

TidBit

By: William Lanier

Northern Alum Participated in the MOAB 240 Endurance Run

This week's TidBit is a repeat of sorts. This Alumni was first featured five years ago in the October 3, 2014 NNN (TidBit #153). Here is a link to that issue of the Northern Network News: <https://www.msun.edu/news/pr-2014/NNNOct03-14.pdf>

This Alum is Sydney (Sudan) Olson! Back in 2014, Sydney ran and finished in the Mountain Lakes 100. This was an extreme running race that was 100 miles!

On October 11 of this year, Sydney participated in the MOAB 240 Endurance Run. Here is what the website states: "238 mile footrace through desert, 2 mountain ranges, slick rock, canyons, and some of the most legendary terrain and trails in the world in world class destinations around Moab, Utah!

Surrounded by Arches and Canyonlands National Parks, this is an adventure of a lifetime. This is a solo non-stop footrace, not a relay or stage race. Runners have 112 hours to complete the fully marked course. Aid stations, crew access, sleep stations, hot food make this race one of a kind. The route is one enormous loop, no repetition. Brought to you by Destination Trail team,



organizers of the Tahoe 200 & Bigfoot 200.” Ok, 238 miles is approximately nine marathons!

While Sydney did not complete the race, that does not diminish her accomplishment! She did run 129.2 miles in approximately 75 hours. To put that in a little perspective that is just under five consecutive marathons and that is approximately the distance of Havre, Montana, to Conrad, Montana.

Here is a link to the website for this race: <http://www.moab200.com/>

While a student at Northern, Sydney was active on campus and served as a resident assistant (RA) for two years. She is originally from Bigfork, Montana, is married with two children, graduated from Northern's Nursing program and is currently working as a registered nurse in Oregon.

Great job Sydney!

Thank you for all the support and comments over the years and if you have any suggestions or comments, please let me know by e-mailing me at wjlanier1963@yahoo.com



Athletics



Campus Events



Diversity Website

Visit our website

Montana State University-Northern | 406-265-3700 | www.msun.edu

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