

NORTHERN NETWORK NEWS

The Official Newsletter of MSU-Northern

October 7, 2016

This Past Week

Alumni Auction Helps Student Scholarships



This past weekend, the Northern Alumni Foundation held their annual Alumni Chinese Auction. Every year this event provides funds for student scholarships at MSU-Northern. This year's auction was another great success with close to \$17,000 raised. Nearly fifty student/athletes attended as servers, offering their assistance throughout the evening. The event included a wine lotto, a gun raffle, and some great silent auction prizes. All of the activities of the night fulfilled their purposes, igniting excitement and support for scholarships for our student/athletes. If you were unable to attend this fun fundraising event and would like to donate to student scholarships, call 265-3711 or visit northernalumnifoundation.org

Two Views of History

Kristi Hager presented a rich visual record of the High Plains at a unique time after Lewis & Clark but before the arrival of railways and photography. She compared the works of two painters who traveled up the Missouri River within a year of each other, George Catlin in 1832, Karl Bodmer in 1833. They had very different temperaments and very different styles of painting the same Indian villages, the same chiefs, the same sacred rituals, the same bison herds, and the same river bluffs. Yet both presented a strikingly different view of history.



The Hi-Line Veterans Help Other Veterans



The 2016 Veterans Stand Down was held yesterday in the SUB Ballroom. The Stand Down is a collaboration of the VFW Post 497, the American Legion Post 11, MSU- Northern and several other organizations. The purpose of the Stand Down is to assist Veterans with any needs they have. There were representatives from the Veterans' Affairs, Montana Veterans, Job Service Associations and health screening and counseling services were also provided.

Havre's Terry Inks with Skylights

Montana State University-Northern women's basketball coach Chris Mouat has announced the signing of Havre's Naomi Terry to join the Skylights next fall. Terry, a 5'5" guard, averaged 14 points and 8 assists per game as a junior last season while shooting 36% from the 3-point line.

Mouat said, "Naomi is an outstanding competitor. She plays with a ton of passion and is pretty fearless. I really like her toughness, especially on the defensive end of the floor. She's very aggressive." He added, "Naomi had excellent numbers as a junior, and I fully expect them to increase this year. She shoots a good percentage from the 3-point line and isn't afraid to attack the rim.

As a sophomore, Terry was a Second Team All-Conference selection, and as a junior she was named First Team All-Conference and First Team All-State. Terry was also a standout on the Blue Pony track and field team, earning All-State honors last year. She is on track to earn 4 varsity letters in basketball, 4 in track and field, and 3 in volleyball.

Mouat continued, "Coach Kraske does an outstanding job with the Blue Pony program, and we feel very fortunate to have another one of his players joining us. Naomi is set for an exciting senior



MSU in Bozeman in spring 2014. She also credited instructors at Stone Child College and MSU Northern for going above and beyond their jobs to support her educational journey.

Multicultural Center Artist of the Month

The Multicultural Center is honored to have Dr. Lenore A. Stiffarm as the artist of the month. She presents her poem titled *Oh Woman of the Mist! -Woman Who Sits on the Rock* published in the anthology *Native Wisdom for White Minds, Daily Reflections Inspired by the Native Peoples of the World* by Anne Wilson Schaef (Random House Publishing Group, 1995).

OH WOMEN OF THE MIST!

Women who sits on the rock
By Lenore A. Stiffarm

Her heart aches for her children and their children's children.

She has always known her roots and connection are a central part and one with Mother Earth.

Her spirit hurts and screams as "The Master" rips her womb apart and says "You are to listen to 'The Man.'

You are a part of 'The Man.' God made you from his ribs."

What garbage! What rubbish!

Her elders - her Grandmothers and their Grandmothers raised her as the centre and being of the people.

They told her, "You are the core, and backbone of our people."

Her Father and his Father's Father told her she was holy, sacred, and without her, the people could not go on.

They honored her and made her feel special. They did this through teaching the young men the importance of

all of life. They showed the young men how to offer tobacco and give thanks for life - to be humble and grateful for the life givers.



Dr. Lenore A. Stiffarm is an enrolled Aa Nii (White Clay) from the Fort Belknap Reservation. She is the mother to three. Lenore is the sole proprietor of Dry Lake Associates and serves as an independent consultant. Her undergraduate work in education was at the University of Montana, she also holds three advanced degrees from Harvard University: an M. Ed. in 1976; a Certificate of Advanced Study, 1977; and a Doctor of Education (Ed. D.) in 1980. Dr. Stiffarm is the first tribal citizen from the Fort Belknap Indian reservation to receive a Doctor's degree. Her passion is language revitalization and language preservation.

Mariachi Huenachi Students Receive Acceptance to MSUN



(Pictured left to right) Christian Rivera, Vianca Guzman, Sahri Hernandez, Carla Alcaraz, Miguel Cedero, Congratulations to Vianca, Carla, Miguel, and Christian members of the Huenachi Mariachi band and seniors at the Wenatchee High School for their acceptance to MSUN. Their music teacher and Director of the band, Mr. Ramon Rivera and their families and friends are very proud of them! Looking forward to receiving them at MSUN next school year!

Video Feature

Education Program Video



Important Announcements

2016 Fall Semester Dates to Remember

Last Day to Drop a Class

Monday, October 31st

Deferred Installment Payment Schedule: (\$30 processing fee is added)

- 75% of total fees due: Friday, October 21st
- 100% of total fees due: Friday, November 18th

Graduation Applications are due: Nov.14

Upcoming Activities

3rd Annual Festival of Nations at MSUN, Dances and Music of the World.



This year the Office of Diversity Awareness and Multicultural Programs (ODAMP) will be receiving dancers from Missoula (the U of M), that are originally from China, Indonesia, and Armenia; they will be presenting traditional pieces from their respective countries. Additionally there will be guest speakers from Greece, Denmark, and Puerto Rico. Local singers Courtney Cota and Miranda Crasco-Kirk will be delighting us with their beautiful voices in Spanish and Assiniboine. This year there will be more vendors than in the past two years, a bigger silent auction, door prizes, multicultural activities for children, and of course, international food. \$3 for adults, \$1 for children, and 5 and under are free. MSUN students, faculty, and staff are free with ID as well as those dressed in traditional international attire. We are looking forward to seeing you all Saturday the 8th at 10.30 a.m. in the Sub Ballroom.

Fall 2016 Indigenous Movie Nights

The series, sponsored by the Native American Studies Program, showcases films written, directed, produced, and cast by American Indian & Indigenous artists and filmmakers. Each film is followed by a short discussion about the major themes and issues within the stories. Everyone is welcome. All of these movies will be in Hensler Auditorium, (in the ATC) and will begin at 6 p.m.

Tues, Oct 11 - THE DOE BOY

A hunting mistake causes a young Cherokee boy to run away from home and seek the advice of his grandfather.

Weds, Nov 16 - THE ACTIVIST

A fictionalized account of the behind-the-scenes political intrigue of the 1873 Siege at Wounded Knee.

Mon, Dec 5 - CHRISTMAS IN THE CLOUDS

Christmas laughs, love, a vegetarian chef, and mistaken identities, on a reservation ski-resort.

OVERVIEW OF STUDENT ACTIVITIES - OCTOBER 2016

8th	Skylights Volleyball	2pm	Gym
8th	Lights Football vs. Eastern Oregon	6pm	Blue Pony Stadium
	Legends for Lights Autograph Session	halftime	Blue Pony Stadium
	Festival of Nations	10am-130pm	Ballroom
10th-11th	Intramural Activity - Volleyball	8-10pm	Gym
12th	Karaoke	7pm	Ballroom
13th	ACROBATRIX	8pm	Ballroom
17th-22nd	Homecoming Week	All Day	All campus
17th	Pep Rally	7pm	Campus
	Pie the Candidates	8pm	Gym?
18th	Glow Run	8pm	City
19th	Lights Wrestling	7pm	Gym
	Homecoming Dinner	5pm-7pm	Food Court
20th	Skylights Basketball	7pm	Gym
	Intramural BB Rosters due in	5pm	SUB info desk
21st	Skylights/Lights Basketball	6 & 8pm	Gym
	Intramural schedules available	3pm	SUB info desk
22nd	Lights Football vs. Mt. Tech.	1pm	Blue Pony Stadium
24th-25th	Intramural Activity - 3on3 Basketball	8-10pm	Gym
27th	Take Back the Night (RPE Group)	7pm	Ballroom
28th	Skylights Volleyball	7pm	Gym
29th	Lights Wrestling	7pm	Gym
30th	Zombie Run	7pm	Campus
31st	HALLOWEEN		

MSU-Northern Collegiate Stockgrowers Calendar

Monday, October 17th - Fall 2016 Career Fair - Armory Gym - 9 a.m. - noon

Saturday, November 5th - North Central Stockgrowers Association Annual Meeting - Hensler Auditorium - noon - 5 p.m.

Saturday, November 5th - MSU Northern Collegiate Stockgrowers Meet N Greet - SUB Ballroom - 5 p.m.- midnight, Prime rib dinner: \$10/plate, Live band: Milk River Band

Mind Full or Mindful? - Oct. 10

Students: Would you like to build skills to better manage your stress levels, reduce your levels of pain, anxiety and depression while improving your self-awareness, confidence and relationships with others? Mindfulness Based Stress Reduction (MBSR) may be just the thing for you! Decades of research show that MBSR helps participants find greater balance in their lives through practices such as meditation, yoga, body scans and other mindfulness techniques. MBSR begins Monday October 10th and will meet weekly for 8 weeks on Mondays from 3:00-5:00 pm in Student Support Services (211 Cowan Hall). Space is limited, so pre-register now with Amber Spring at amber.spring@msun.edu or 265-3783.

National Coming Out Day - Oct. 11

In observance of National Coming Out Day 2016 (October 11) Dr. Chad Spangler will be presenting the lecture "Sexual Diversity across Times and Culture," October 11 at 2.00 p.m. in Hensler Auditorium. Everyone is welcome to attend.

This year will mark the 28th anniversary of this celebration. Coming Out is the process which an LGBTQ person expresses openly gender identity and sexual orientation. This process not only refers to self-acceptance, but it also means the act of sharing it with others.

Safe Zone Module II Training - Oct 12

Safe Zone Module II, Ally Development will be offered October 12th at noon at the Fireside Conference Room. Participation in this module is required to become a recognized "Safe Zone Ally." The focus of Module II is Ally Development and will be facilitated by Amber Spring, Student Support Services Counselor. This workshop will focus on building a network of LGBTQ allies at MSUN and the greater community. Participants will learn what it means to be an ally, skills to become and advocate, and how to challenge heterosexism.

Following the training, participants will be giving a Safe Zone placard that they may place in their office to identify themselves as individuals who have chosen to educate themselves about LGBTQ issues. These placards will become symbols of safe welcoming places on campus for members of the LGBTQ community. Participants must have taken Module I (Basic Terminology and Understanding of LGBTQ identities) in order to take Module II.

To register, contact, Cristina Estrada-Underwood, at c.estrada.underwood@msun.edu, 265-3589 or amber.spring@msun.edu 265-3589.

Fundraiser for Melissa Ruby - Nov. 12

A benefit fundraiser for Melissa Ruby, the wife of ATDI assistant professor Kevin Ruby will be held November 12 at 4 p.m. in the MSU-Northern SUB ballroom. Melissa is in the hospital in Billings, MT battling Guillain-Barre Syndrome. This is a rare disorder in which the body's immune system attacks the nerves. Melissa will be spending the next few months in the hospital. Friends of the family are having a Spaghetti versus Chili cook off to raise money to help with medical & travel expenses. Come out to show your support and help us decide what is liked better - Spaghetti or Chili. There will also be a 50/50 raffle, silent auction and door prizes. We look forward to seeing you there!

Career Fair - Oct 17

The 2016 Fall Career Fair is set for Monday, October 17th. The event will be held in the Armory Gymnasium from 9am - noon with many employers interviewing in the afternoon and next day. Registration is open for employers on CareerExpress and the deadline to sign up is Monday, October 10th. Students and alumni will be allowed to register online up until the day before the event. Currently, there are 31 employers registered and interested in every major on campus.

Contact the Career Center at 406-265-4198 if you have any questions.

White Cane Day Presentation - Oct.18

In Observance of October, National Disability Employment Month and White Cane Day (October 15), Geri Darko, Certified Orientation and Mobility Specialist at the Montana School for the Deaf and Blind (in Great Falls) will be on campus to help us learn about the daily challenges associated with visual impairments. Participants will gain a greater appreciation for the blind by performing various tasks while wearing blindfold or vision simulating goggles. Among the stations available, there would be the Braille station and the field loss simulator. This presentation will take place October 18th, at 6.30 pm in Hensler Auditorium. This event is sponsored by the Office of Diversity Awareness and Multicultural Programs as well as by Disability Services/Learning Success Center.

Montana Actors Theatre 2016-2017 Season

Evil Dead: The Musical

October 14-15, 20-22, and 27-29, Special Midnight showings 22 and 29

Readers Theatre

November 4-5 January 13-14 March 31 and April 1

Hansel and Gretel Christmas Panto

December 9-11, 15-18, and 22-24

12 Angry Men/Women

January 2021, 26-28, and February 2-4

Valentine's Day Burlesque and Cabaret

February 11

Jesus Christ Superstar

March 3-5, 9-12, and 16-18

Black Comedy Dinner Theatre

April 6-8, 13-15, and 21-22

The Wind in the Willows

May 5-7, 11-14, and 18-20

The 25th Annual Putnam County Spelling Bee

July 27-29 and August 3-5

Weekly Columns

Northern Technology Snapshot

by Thomas M. Welch - Agricultural Technology Educator at MSU-Northern

Northern's Mixed Prairie



There are approximately 100 indigenous rangeland plant species on our Havre campus! About 17.6 acres of our campus (see image) remain mostly undisturbed and can be classified as northern mixed prairie grassland. This type of grassland is one of the most diverse in the world and is characterized by many different species of grasses, grass-like plants, forbs, half-shrubs and shrubs. I treasure our campus vestigial prairie and consider it precious and a marvelous outdoor teaching laboratory. Even after three and one-half decades of studying these plants on and off campus and showing them to students, I remain in awe of their great diversity, past and present uses and intriguing characteristics. Some of these plants have specific associations with insects. An example is rush skeletonplant, a native forb on our campus, which forms galls that provide a home for larva of the cynipid wasp. Skunkbrush sumac, a shrub, has an interesting odor and is one of the few plants that flowers before it forms leaves! And I have to mention bluebunch wheatgrass, our state grass, which is found in all of Montana's 56 counties and grows on our campus prairie. Bluebunch wheatgrass became our state grass in 1973 and its move to adoption was led by longtime Havre resident and Northern supporter Toni Hagener.

To some, it might be just considered "grass" or "undeveloped land" but note that Montana's largest crop is grass and that around 4 billion dollars of new wealth and food is generated each year in Montana via the sun

and plants. How about that for a renewable energy story? Almost all of our food originates from green plants and they have been on the northern prairie for thousands of years and not only feeding people but cleaning the water, purifying the air and providing energy and habitat for thousands of different species of macro and micro organisms. In fact, more grazing often occurs below ground than above ground and a lot of macro and micro grazers are active on our campus! Thinking of our prairie reminds me of one of my favorite poems by Rudolph Ruste, a former Northern student, albeit at what is now Northern State University in Aberdeen, South Dakota. Ruste wrote: "We broke today on the homestead the last of the virgin sod, and a haunting feeling oppressed me that we'd marred the work of God" (Ruste, "The Last of the Virgin Sod", 1-4).

Northern Goes the Distance! Cross-Country Team Goes the Distance



Special thanks to Luke Karnauskas for sending us this shot of the Northern Cross-Country Team taking Northern to the top of Mount Otis. Way to "Go the Distance" Cross-Country Team!

Help Northern "Go the Distance" by taking a picture of yourself with a Northern, shirt, hat, bandana etc... in some place outside of Havre and email it to potterj@msun.edu with a brief description of where the photo was taken and if we like it we will put it in an upcoming NNN and publish it on Northern's Facebook site.

Plant of the Week - Aspen

By: Terry Hildebrand

Willow Family (Salicaceae) (*Populus tremuloides*)



This time of year, aspen trees provide a splash of color in the conifer forests of Montana. Why do aspen leaves turn from bright green to vibrant yellow and orange? As the days shorten in fall and plants prepare for winter, they produce less and less of the green pigment chlorophyll that is used in photosynthesis and for plant growth. With less production of chlorophyll and its masking effect, other pigments (carotenoids) that were always present in the leaves become visible. Carotenoid pigments reflect spectacular yellows and oranges! During the fall season, we get to enjoy these pigments, just before the plant loses its leaves altogether and goes dormant in winter.

All species in the willow family contain salicylate in their inner bark. Salicylate is a compound with properties similar to synthetic acetylsalicylic acid, or aspirin. Traditional uses of willow inner bark for pain and fever relief can be traced back over 2400 years. Although occurring in lesser amounts than found in its willow tree cousins, the salicylate found in aspen bark also has been used for centuries for its healing properties.

Green aspen tree: <http://landmarklandscapes.us/wp-content/uploads/2009/12/Quaking-Aspen-Trees1.jpg>
Aspens in Fall: http://media.gettyimages.com/photos/near-santa-fe-sangre-de-cristo-mountains-santa-fe-national-forest-new-picture-id90959706?k=6&m=90959706&s=170667a&w=0&h=S7Fh5mcsmbKvtYw4HLqRN_yZ-jGJiytQ57GmDSVxcRs=

TidBit

By Bill Lanier

Northern Alumni Highlight - Rudy James. Back in the Spring of 1997, Northern wrestler Rudy James placed fourth in the 150-pound weight bracket at the NAIA National Wrestling Championships and then in 1999 Rudy again placed fourth at the NAIA National Wrestling Championships but at 157 pounds. In the Spring of 2000, Rudy graduated from Northern. Now jump 16 years later and guess who is still wrestling at a competitive level... yup Mr. Rudy James. This weekend Rudy will be wrestling in Poland at the 2016 Veteran's World

Freestyle Championships at the 76 kg (167.2 lbs.) Division "B". Earlier this year he placed first at the US 2016 Veteran's National Tournament at 76 kg Division "B". In October of 2015 Rudy finished 7th in Division "A" at 76kg. Good luck Rudy!

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