

# NORTHERN NETWORK NEWS

The Official Newsletter of MSU-Northern

November 15, 2013

## *Students Enjoy New Tennis Courts*



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## *From the Chancellor*

*By Dr. James Limbaugh*

In our exit interview with the evaluators who reviewed our Third-Year Report for NWCCU (Northwest Commission on Colleges and Universities, our institutional accreditation entity), a very clear message was delivered: While the university has demonstrated significant achievements, it still must focus on more adequately defining [mission](#) fulfillment as related to [core themes](#), objectives, and indicators of achievement (for more information, please review our [Third-Year Report](#), pages 42-48). Improving our performance in this area will be the subject of campus-wide dialogue over the next three years. To that end, I am first convening a significant resource: MSUN employees who have received evaluator training through NWCCU. Please know this is the first of many conversations and that many of you will also be tapped to engage in this important task of mission fulfillment, as it is fundamental to proving who we are as an institution.

## Women's Volleyball Team Wins Frontier Conference



For the first time in 22 years our Skylights volleyball team has claimed the Frontier Conference championship. By defeating Rocky Mountain College Friday evening during the senior night finale, the Skylights boldly secured their title.

The Skylights have performed stupendously this year, running like a well-oiled machine. The closeness and trust the team possesses makes a noticeable impact on the court. These athletes are not only skilled individuals, but they are players who know how to draw from the strengths of the teammates around them. They are a joy to watch as they show continual skill and poise on the court.

The win against Rocky was not easy, however; the first set was a smashing 25-12 victory, but the following matches' scores were: 23-25, 28-26 and 25-21. Our girls had to take heart and follow through as the talented Rocky players tried their best to quench our fire.

This satisfying win against a year-after-year rival keeps the Skylights inside the NAIA Top 25, which gives our girls great chances of reaching the national tournament. The win also means the Skylights were not beaten at home this season. The Havre and MSU-N fans helped keep the Skylights' morale high by continually showing up and showing support for this spectacular team.

With the Frontier regular season title locked down, the Skylights will now focus on the upcoming Frontier tournament in Great Falls. They are enjoying their sweet victory, but trying to stay level-headed as they embark on what could be fierce tournament battles.

Northern will face UM-Western or Dickinson State during the first round of the Frontier tournament at 12 p.m. on Friday. The 2013 Frontier tournament will run Friday-Saturday at the McLaughlin Center in Great Falls. Good luck Skylights. You make Northern Proud!

## MSU-Northern Honors Independence Bank for Their Generosity



To thank Independence Bank and their Board of Directors for their financial support, MSU-Northern hosted a reception in their honor. Their generous donation to MSU-Northern made it possible for us to make many improvements in the SUB and residence halls. These improvements included: the creation of the Fireside Conference Room, purchased fabric for new curtains in the residence halls, new benches for the SUB lobby, materials to make benches for the outside of the SUB, new carpeting in one of the student lounges, an 80" TV for the residence halls, two water-filter stations in the residence halls, and upgraded directional signage for the Bookstore and administrative offices.

## New Museum at Northern



Val Hickman and Vicki Gist point out where the new museum will be located in the library.

Montana State University-Northern is constructing a small museum in the Library to house its collection of Native American artifacts, currently on display in the Hagener Science Center. A steering committee of faculty, staff, students, and community members are establishing operational/environmental guidelines (lighting, displays, etc.) and are looking into grants that may support this project.

## Chi Alpha Hosts Christmas Shoebox Packing Party



Students and volunteers joined together to fill shoeboxes for children through outreach Operation Christmas Child. Pictured (from left to right) are Justin Newton, Jonathan Crosby, Jessica Anderson, Whitney Aschim, and Kimmi Boyce. Participants filled the boxes with toys, school supplies, clothes, and hygienic items, as shown in the shoebox here.

Celebrating the joy of the coming Christmas season, many of Northern's Chi Alpha (XA) members partnered with Samaritan's Purse for Operation Christmas Child 2013. The students met in the Morgan Hall kitchen, separated into teams of four, and headed out to Wal-Mart. They purchased gifts to fill shoeboxes to send to impoverished children all over the world. Each team was challenged to fill one box, but due to the helpful donations of Betty Clark and the generous hearts of students, the group filled eleven boxes instead of six.

The boxes will be collected and added to the other boxes from around Havre and then sent to one of six packaging centers in the U.S. Once there, the boxes will be inspected for safety, taped closed and divvied out to various planes, ships, and trucks that will bring joy and cheer to hundreds of thousands of children around the world.

## Tennis Courts Now Open



Our beautiful tennis courts are now revamped and ready for use. The ribbon-cutting for the refurbished tennis courts took place last Friday with the help of Havre Chamber Ambassadors. Now students can enjoy the courts even during the winter!

## Taylor Cummings Honored for Community Engagement

Nine outstanding student-athletes, representing colleges and universities across the state, will receive the 2013 Montana Athletes in Service Award sponsored by the Montana Campus Compact. Each student-athlete will be recognized on Saturday, November 23rd for their outstanding commitment to civic engagement, volunteerism, and the impact that their service has had on the community.

Jane Karas, Montana Campus Compact Board Chair and Flathead Valley Community College president said, "These students deserve special recognition for taking time from their busy academic and athletic schedules to engage in projects that make a difference in Montana's communities."

**The 2013 Montana Athletes in Service are:**

Andy Austin, Senior, Psychology, Football at Montana State University- Bozeman.  
Taylor Cummings, Senior, Civil Engineering, Women's Basketball at Montana State University-Northern  
Kelsey DeWit, Senior, Business Management, Women's Basketball at Montana Tech  
Haylee Gallegos, Sophomore, Nursing, Women's Basketball at Dawson Community College  
Eva Green, Junior, Business, Women's Basketball at Salish Kootenai College  
Jayde Hair, Junior, Biology, Volleyball at Rocky Mountain College  
Conner Hausauer, Junior, Secondary Education, Men's Golf at Carroll College  
Brian Labbe, Senior, Elementary Education, Football at The University of Montana Western.  
Lewis Polkow, Senior, Secondary Education, Men's Track & Field at Montana State University-Billings  
Jordan Sullivan, Senior, Marketing, Women's Basketball at The University of Montana



The awards will be presented by Karas, UM President Royce Engstrom, MSU President Waded Cruzado, Governor Steve Bullock, and Lt. Governor John Walsh, on the field at the annual Brawl of the Wild football game between Montana State University and The University of Montana on Saturday, November 23, 2013 in Bozeman.

In its 13th year, the Montana Athletes in Service Award commemorates the historic Montana signing of the Presidents' Declaration of the Civic Responsibility of Higher Education. The first award was made in November 2001 in Bozeman, Montana. The award presentation alternates with the location of the annual football game between the Bobcats and the Grizzlies.

The Montana Campus Compact is Montana's largest higher education network. MTCC works to deepen the ability of colleges and universities to improve community life and educate students for their civic and social responsibilities.

**Montana Wilderness Association Offers Summer Co-op for MSUN**

MSU-Northern professors Carol Reifschneider and Barbara Zuck met with Mark Good the regional director of the Montana Wilderness Association, to discuss how MSUN students can reveal what they have understood in class and put their knowledge into practice. The result was the possibility of a summer 2014 co-op.

If the plan for this co-op comes to pass, during the 3-credit (credits are negotiable) co-operative education experience for Summer Session 2014, students will be conducting an on-the-ground inventory documenting wilderness characteristics and other values of two or three parcels of public lands in North Central and North Eastern Montana. The goal of the work involved in this co-op is to provide information that could be used for news articles and pamphlets, or presented to public land managers. The data collected could potentially be written up in a narrative accompanied with maps and photos.

This project-based approach will help students realize an important element of education: application. This project is interdisciplinary, as it combines elements of science, agriculture and business. Students will apply 'soft' skills (communication, facilitation, creative thinking, critical/reflecting thinking, dealing with diversity, negotiation, teamwork) and 'hard' skills (technical and paraprofessional knowledge and skills) into the project and workplace practices, enhancing product and service delivery. Co-operative education experiences also provide students an experience to help build their resumes.

Since the Montana Wilderness Association is nonprofit, they are not able to offer hourly wages for the co-op students, but some funds will be available for travel and lodging expenses. The opportunity will be taking a "co-op" course; interested student must register for the course through the Career Center (e.g., BIOB 494 or BGEN 494, depending on the student's preference). The summer academic calendar has not been published yet, but the co-op would most likely begin in June or July. Interested students may contact Carol Reifschneider at (406) 265-4126 or [reifschneider@msun.edu](mailto:reifschneider@msun.edu) or Barb Zuck at 265-4175 or [barbara.zuck@msun.edu](mailto:barbara.zuck@msun.edu)

## Painting Finds New Home in the SUB Ballroom



The "Wheat Field" painting by Malcom Patrick O'Leary which has been located in the basement of the Vande Bogart Library since the 1980's has found a new home on the wall of the Student Union Building Ballroom. O'Leary was born on Sept. 1, 1952 and was the son of Dr. O'Leary. He grew up in Havre and attended Northern in the spring of 1972. He also attended Evergreen State College (Olympia WA), Humbolt State University (Arcadia CA), Montana State University (Bozeman) and The University of Montana. He taught at Browning Free School & Blackfeet Community College. Four of his works are represented in the Missoula Art Museum Collections.

## Montana Wilderness Association Campus Club

Along with the possibility of a summer co-op the Montana Wilderness Association may possibly open a chapter of their association by forming a campus club at MSUN. The current chapters are: Eastern Wildlands, Flathead-Kootenai, Island Range, Madison-Gallatin, Wild Divide, and Shining Mountains. None of these chapters cover the unique landscape area that surrounds Havre. If you are interested or know of any students who would be interested in starting the club, please contact Jaakko Puisto at Cowan Hall 306E or (406) 265-3595.

## Ball Sponsors Help Museum



This year's "We Love Northern Ball" will continue to raise money for student scholarships but guests will also have the opportunity to contribute toward the preservation of Northern's Native American collection. In support of the museum, two more Havre businesses have graciously agreed to partner with MSU-Northern in sponsoring the Ball. Clausen and Sons General Contractors and Doll's Glass will be working together to build the main wall for the museum to display MSU-Northern's collection of Native American artifacts, which will be located in the Vande Bogart Library.

## *Important Announcements*

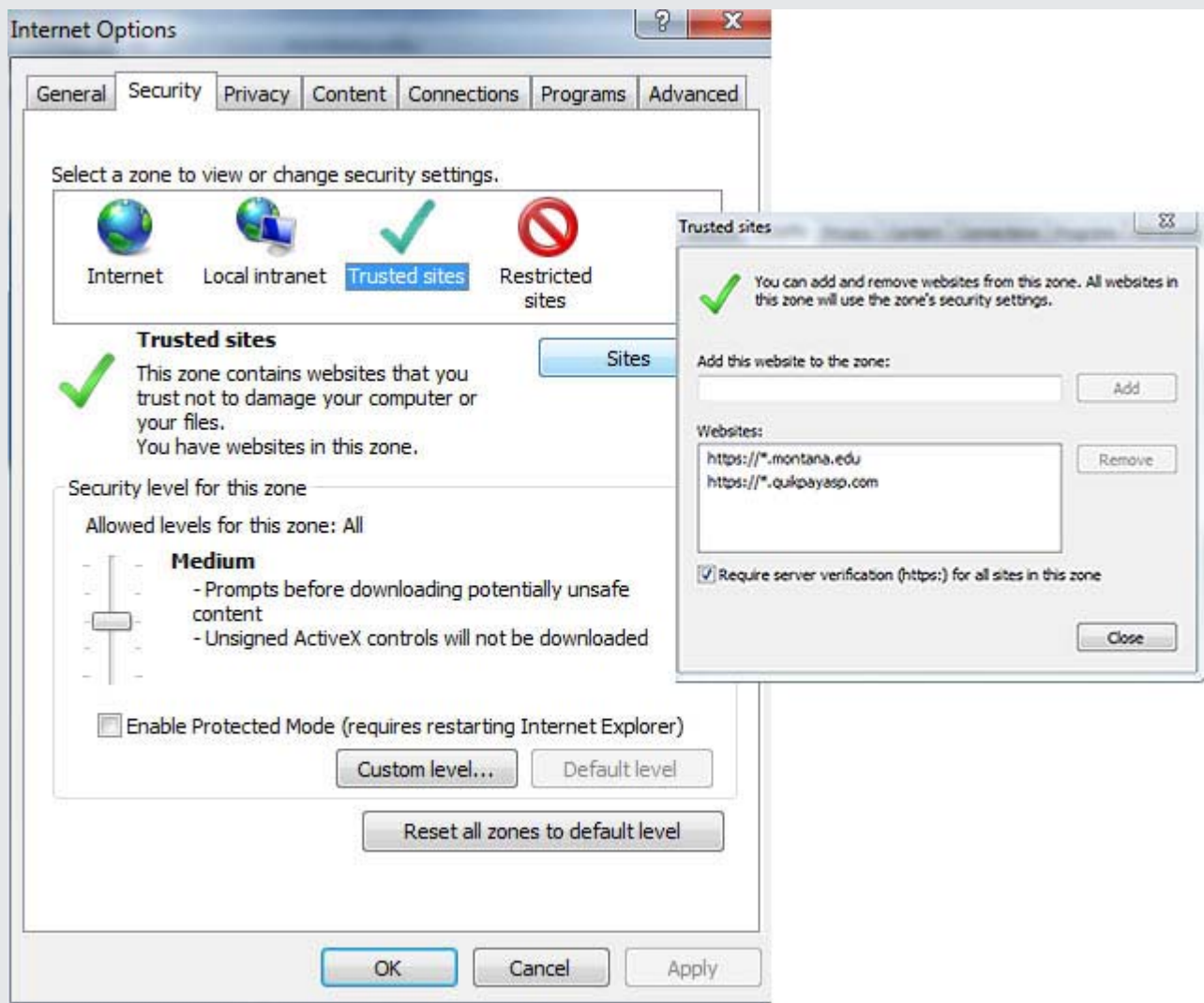
### **How to Fix Possible Problem with QuikPAY & Internet Explorer 9**

With the implementation of Internet Explorer 9, QuikPAY users have been encountering sporadic issues whereby a student, when passing from Banner Self Service into QuikPAY, does not make it into QuikPAY but is presented with a blank screen.

After much investigation with Nelnet Business Solutions, we believe that the solution is for the customer (student or parent) to add <https://quikpayasp.com> to their trusted sites under Tools - Internet Options - Security Tab - Trusted Sites - Sites (per screenshots below).

As far as we can tell this issue is unique to internet Explorer 9 and beyond and not consistent. We have not heard of issues with any of the other popular browsers (Firefox, Safari or Chrome).





## LAST CHANCE- MSU-N Bookstore Pre-Holiday Sale Ends Today

All clothing in the Bookstore is 20% off. The sale applies to clothing including Under Armour but does not apply to customized clothing items. The sale ends today, Friday November 15.

## Attention Students- Graduation Applications Due Date

If you are completing your degree during the upcoming spring or summer semesters, your graduation applications are due by December 1, 2013. You can pick up and return your applications at the Registrar's office (Cowan Hall 220).

## Upcoming Events

### MSU-Northern Community Orchestra Concert - Nov. 19



The MSU-Northern Community Orchestra is delighted to present an evening of jazz and Gershwin, featuring piano soloist Marge Holt, playing George Gershwin's beloved "Rhapsody in Blue." The concert will take place on November the 19th at Fifth Avenue Christian Church and will begin at 7:00 p.m. The concert is free to the public but a free will donation collection will be taken to help defer the costs of music and equipment.

MSU-Northern's Community Orchestra, conducted by Rhonda Minnick, was founded during the fall of 2012. Their first concert as an official ensemble took place during the Christmas season, in December of 2012. Since that time the group has grown in unity and skill as they offer their talents and assistance to the Havre community, often partnering with Montana Actors' Theatre (MAT) to delight audiences with drama. Before the official founding, various members of the orchestra provided music for MAT's musicals. Now, supported by MSU-Northern, the orchestra has regular practices and continues to hone the talent of the 26-member group as a whole.

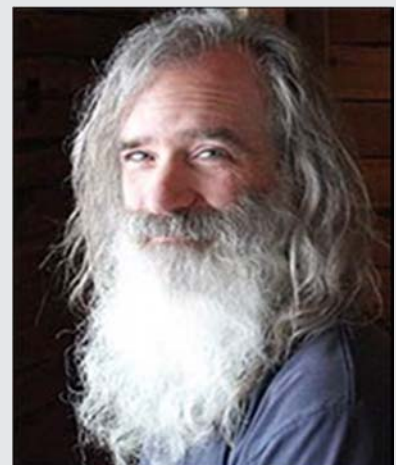
The orchestra practices on Tuesday nights in Pershing Hall from 7-9 p.m. The MSU-Northern Community Orchestra is able to offer credit for those who want to receive a college credit for involvement. For more information about the MSU-Northern Community Orchestra, call Rhonda Minnick at 265-5987.

### Scott Prinzing - November 19

Sponsored by Humanities Montana, the 2013-2014 the MSU-Northern Chancellor's Lecture Series presents Scott Prinzing, on Tuesday, November 19, at 7:30 PM in the Applied Technology Center, Hensler Auditorium, MSU-Northern campus. This presentation looks at the history and development of Indian music from the traditional to the contemporary and explores a broad spectrum of American Indian music ranging from blues to folk, country to gospel, and heavy metal to hip-hop. Indians have contributed to American music in virtually every major genre of music. You may be surprised by how many of your favorite musicians are American Indians.

Scott Prinzing is director of education and coordinator of music and Native American programming for MusEco Media and Education Project and an elementary teacher.

The campus community and general public are invited to attend the lecture. Admission is free. All are welcome. Please visit the website to see all of the 2013-2014 Chancellor's Lecture Series: <http://msun.edu/news/calendar/events2013/ChancellorSeries.aspx>



Save the Date...

Feb. 15, 2014

We Love  
Northern  Ball

Barn Dance Style

Tickets call: 265-3720

## *Weekly Articles*

### **This week in Athletics**

By Laramie Schwenke

The Lights football team will wrap up regular season play when they face Rocky Mountain College this Saturday, November the 16th. The Lights stand at 4-5 on the season and are in sixth place in the Frontier Conference. The 13 senior Light football players will be honored prior to Saturday's game. Kickoff is set for noon at Blue Pony Stadium.

The Skylights volleyball team beat Dickinson State University last Thursday night and then took down Rocky Mountain College on Friday to clinch the regular season Frontier Conference title. This is the first conference title for the Skylights since 1991. The Skylights ended the season with a 15-1 conference record and an overall record of 24-5. In the most recent NAIA national poll, the Skylights moved up one spot to #24. The Skylights head into Frontier Conference Tournament play this weekend in Great Falls. The first match for the Skylights will be at noon on Friday against the winner of UM-Western and Dickinson State University.

The Lights wrestling team competed in the Trapper Open last Saturday in Powell, WY and placed 7 individuals. Jared Miller (174) and Toby Cheff (197) each reached the finals in their respective brackets, both placing 2nd. Ethan Hinebauch (165), Aaron LaFarge (133), and Cameron Neiss (141) all came away with third place finishes. Riley Miller (125) and Micky Cheff (157) both placed fourth for the Lights. Next up for the Lights is a dual at the University of Great Falls on Thursday, November 14. The first match is set for 7 p.m.

The Lights basketball team will be at the Arizona Christian Tournament in Phoenix, AZ this Friday and Saturday. The first game for the Lights will be against NCAA Division II New Mexico Highlands University on Friday and Arizona Christian University on Saturday. Tipoff times are set for 5:30 p.m. on Friday and 7:30 p.m. on Saturday. The Lights are currently ranked #24 in the latest NAIA national poll and stand at 6-0 on the season.

The Skylights basketball team played exhibition games against two NCAA Division I teams last weekend. The Skylights fell to the University of Wyoming 57-71 and the University of Montana 49-76. The Skylights stand at 4-0 on the season as the exhibition games are non-counters on the schedule. The Skylights head to Great Falls for two games against Pacific Union and NCAA Division II Nebraska-Kearney on Friday and Saturday. Tipoff times are set for 2 p.m. on Friday and 3 p.m. on Saturday.

## @ Your Library

By Vicki Gist

Hoping to get some work done on your projects over the Thanksgiving break? The library's databases are accessible from home. Simply select a database from a subject guide (<http://libguides.msun.edu/>) or from the library's website (<http://www.msun.edu/infotech/library/DbDescript.htm>). When you click on the database, you will see a MSU-Library-Login box. You can type in your D2L or NetID username and password to begin searching the database. A quick tip for locating articles that you can read directly from the database is to use the "Full-Text" limit box on the search screen. Another tip is to copy the article's MLA or APA citation when you are looking at the article. Most databases have these pre-formatted citations that you can copy and then use when writing your paper. One word of caution-some APA citations may need to be tweaked slightly before you include it in your paper. If you are undecided on which databases are best to use, just stop by or call the library before leaving town. The library staff is here to help.

Upcoming Thanksgiving holiday hours: Nov. 27th-the Vande Bogart Library will be open Campus Office Hours; Nov. 28th-30th-the library will be closed; Dec. 1st-1:00 p.m.-10:00 p.m.; Dec. 2nd-5th-8:00 a.m.-11:00 p.m.

Extended library hours begin Dec. 2nd. The library will be open until 11:00 p.m. on the following days: Dec. 2nd-5th; Dec. 8th-12th. The library will also be open Saturday, Dec. 7th from 1:00 p.m.-5:00 p.m. for your convenience.

## From Your Learning Success Center

By Ligia Arango

### Stargazing

As the holidays and the end of the semester approach, do something you enjoy every day. It might be stargazing, playing the piano, or working on a favorite project. Don't get caught in the hustle and bustle of life and forget to take care of yourself. If you make time for fun and relaxation on a regular basis, you will be better equipped to handle the stressors of finals, holidays, icy sidewalks and winter.

## The Computer Corner

By Marianne Hoppe

### Excel 2013 Tip

#### Analyze your data instantly

It used to take a bit of work to analyze your data, but now it only takes a few steps. You can instantly create different types of charts, including line and column charts, or add miniature graphs (called sparklines). You can also apply a table style, create PivotTables, quickly insert totals, and apply conditional formatting.

1. Select the cells that contain the data you want to analyze.
2. Click the **Quick Analysis** button that will appear at the right bottom of your selected data.
3. In the **Quick Analysis gallery**, select a **tab** you want. For example, choose the **Charts** tab to see some quick options for viewing your data in a chart.
4. Pick an option. With Charts you can just hover over each one to see a preview.

You might notice that the options you can choose from aren't always the same. That's because the options change based on the type of data you have selected in your workbook.

If you're not sure which analysis option to pick, here's a quick overview.

**Formatting** lets you highlight parts of your data by adding things like data bars and colors. This lets you quickly see high and low values, among other things.

**Charts** recommends different charts, based on the type of data you have selected. If you don't see the chart you want, click **More Charts**.

**Totals** let you calculate the numbers in columns and rows. For example, **Running Total** inserts a total that grows as you add items to your data. Click the little black arrows on the right and left to see additional options.

**Tables** make it easy to filter and sort your data. If you don't see the table style you want, click **More**.

**Sparklines** are like tiny graphs that you can show alongside your data. They provide a quick way to see trends.

## A Pinch of Salt

By Kimmi Boyce

### Winter Energy Boost

I've previously addressed how to fight the fall and winter slump moods that can seep into your life during these dark and cold days, but sometimes you can't coax your mood to improve if you have little to no energy. Here are some energy boosting tips you can implement to feel energized and ready to go until the sunshine stays out longer again.

1. Eat more fish. Especially in Montana, it's easy to become vitamin D deficient when we're not able to soak up the sun as often as during the summer. Proper vitamin D levels will improve your health, mood, and energy.
2. Drink milk or take in a suitable amount of dairy through other products. The vitamins A, B12, and calcium will give you a better chance at staying healthy instead of getting that yearly winter cold or flu.
3. Find new ways to exercise. With the snow and ice accumulating, taking a pleasant stroll or morning jog becomes less possible or safe. You can substitute these outdoor activities with a gym membership or community opportunities like public skate at the Havre Ice Dome. Using energy by staying active may seem like a counterproductive way to gain energy, but with your health and wellness promoted through activity, your energy stays at a steady positive level.
4. Create a bedtime routine. Plan when you'll be going to bed in order to gain the rest you need. Once you know when you'll be shutting off the lights, decide what relaxing routine you can practice to prepare yourself for the best night's sleep. Whether it's a relaxing bath and a chapter of a good book or a warm cup of milk and some breathing exercises, the simple routine will help you recharge, as your body triggers that it's time to sleep.
5. Eat breakfast. After a great night's sleep, make sure you break that long fast and put some perky energizing foods in your tummy. Avoid anything too sugary, as the sweet stuff will give you a temporary high but send you crashing shortly after. Try protein-rich foods like eggs, Greek yogurt, or turkey bacon.

Ideas collected from: <http://www.supersavvyme.co.uk/article/winter-energy-boosters/>

## Mission Statement

"MSU Northern, a teaching institution, serves a diverse student population by providing liberal arts, professional and technical education programs ranging from certificates through master's degrees. The university promotes a student centered and culturally enriched environment endorsing lifelong learning, personal growth and responsible citizenship. The university partners with a variety of community and external entities to enhance collaborative learning, provide applied research opportunities, stimulate economic development and expand student learning experiences."

**MSU-Northern does not discriminate on the basis of race, color, national origin, sex, or disability.**