

# NORTHERN NETWORK NEWS

The Official Newsletter of MSU-Northern

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*Applied Technology Center*

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## From the Chancellor

By Dr. James M. Limbaugh

Sequestration-mandatory budget cuts at the federal level-are scheduled to go into effect today (March 1, 2013). Therefore, I want to give you an overview of the potential impact on MSUN. Hopefully, as I write this in advance, you will be reading my comments within the context of "what could have been" rather than "what will now be."

First, some explanatory remarks will provide a perspective, culled from an excellent overview penned by David Baime of the Association of American Community Colleges. According to Mr. Baime, "The core of sequestration is to cut by approximately 5% each non-exempted, non-security program, project, or activity in the current fiscal year (FY 2013, which began October 1, 2012)." While the Pell Grant is exempt from sequestration this year, other programs that benefit MSUN students will not be exempt, most notably Supplemental Educational Opportunity Grants, Federal Work-Study, and TRIO programs (our Student Support Services initiative).

"The full effect of sequestration...will not be felt immediately," observes Mr. Baime, "because of the spending patterns, grant-making cycles, etc., of various programs." Eventually, however, the direct impact on three federally-funded programs at MSUN can be projected as follows:

The Student Support Services program's budget will be reduced by approximately \$13,000;  
Two students will not receive Supplemental Educational Opportunity Grants;  
Two students will not be able to participate in the Federal work-study program.

Also, please be aware that some of our students may currently receive benefits from other federally-funded agencies that indirectly support their attendance at MSUN through the provision of supplemental assistance related to housing, food stamps, etc. If these programs are affected, a residual impact may be the ability of some of our students to continue their education.

## *This Week on Campus*

### **Please Note:**

There will be no Northern Network News for the next 2 weeks as the staff of the NNN will be in Helena next week for some meetings and the following week will be Spring Break. We will see you again on March 22.

### **Sendoff for Northern Wrestlers**



On Monday of this week, the Northern family and Havre community gathered together to give the Northern wrestlers a hardy, heartfelt sendoff. The sendoff was meant to encourage the team members as well as offset some of their travel expenses. We're hoping to hear great reports about our wrestlers: Duell Stadel, Aaron Lafarge, Cameron Neiss, Trevor Goss, Mickey Cheff, Ethan Hinebauch, Max Payne, Kody Reed, and Toby Cheff as they finish the season strong representing Montana, the Hi-Line, Havre, and Northern at nationals.

### **Reprographics Now Offers New Services**



Northern's Media and Reprographics Center (MRC) is ready to take on new projects. They are now able to make vinyl cut signs. Their new copier will allow them to mail merge and collate documents so you can personalize your printing needs. So if you are in need of their services, you can contact Samantha in Cowan 117 for timeframes and pricing information.

## **Cameron Neiss Named NAIA National Wrestler of the Week**

On Wednesday, the national office named Northern wrestler Cameron Neiss as the NAIA National Wrestler of the Week. Neiss' performances during the week of February 11-17 earned him this title, and it is a great honor, especially because he is the final honoree of 2013.

Neiss was named "Outstanding Wrestler of the Tournament" after solidifying a 3-0 en route to an individual crown and an automatic berth to the 2013 NAIA Wrestling National Championships at the NAIA West Qualifying Group Tournament on February 16. The junior was seeded fourth at 133 pounds and opened the event with an 18-2 technical fall over Mason Saldana of Embury-Riddle, Arizona. Neiss continued his winning streak with a 10-8 victory over the number one Prescott Garner of Southern Oregon in the semifinals before defeating second-ranked Angel Garcia of Menlo, CA (4-2) in the finals. Neiss won 13 matches in a row on his way to securing a 30-8 record on the season.



## **AVL Wires in New Dynamometer**



Northern's new AVL Dynamometer is finally being wired into our Alternate Fuel Facility and is scheduled to begin testing engines today. This dynamometer will allow Northern to test their bio-fuels and fuel additives to see how well they perform under real life situations. This unit will allow us to conduct Emission Tests, Mileage Accumulation Tests, Noise, Vibration and Harshness Tests and Electromagnetic Compatibility Tests (EMC).

## **John Wort Hannam Duo in Concert**

This Thursday The John Wort Hannam Duo performed their highly-sought after blue grass sound at the HHS Auditorium. The Canadian folk musicians from Alberta are known for telling stories through music, and they shared their musical/literary style with the delighted Havre audience this week. Hannam sang, and also played guitar, tenor guitar and harmonica. His band mate Scott Duncan impressed the audience with professional and entertaining fiddling. In a state that enjoys country, blue grass, and folk music, The John Wort Hannam band was warmly welcomed and enjoyed by all.

## Tennis Court Survey Results

Last week in the NNN we asked our readers to participate in a survey to help us better understand what people want us to do with our old tennis courts. It is clear from the survey that the majority of people would like to see the tennis courts restored. We have begun the process of determining what these options will cost and hopefully this summer we will be able to afford to restore our old tennis courts. We will keep you informed as more decisions are made. Thank you for your help and here are the results of that survey.

Tear out and replace with lawn	6	7.1%
Tear out and replace with an outdoor seating area (benches, plantings, etc.)	9	10.7%
Resurrect as a true tennis court	30	35.7%
Tear out and replace with a covered pavilion of some sort for outdoor activities	17	20.2%
Tear out and replace with a beach volleyball court	11	13.0%
Other (some of these responses were, parking, garden, BB courts, child care)	11	13.0%
Totals	84	

## Important Announcements

### Golden "N" Award Nominations - Last Chance

The deadline for Golden "N" nominations is March 5. Only current MSUN students may submit nominations. Make your nominations soon, as time is running out.

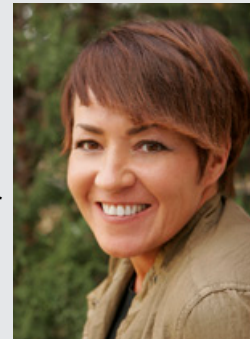
Criteria: Nominees, to be considered, must be non-student staff or faculty of MSU-Northern and should demonstrate a commitment to adding positive experiences directly relating to student life and students.

Forms may be picked up and returned to the Student Union Information Desk.

## Upcoming Events

### Sloppy Joe Dinner for Stacey Gonzalez

Friends and family of Stacey Gonzalez are presenting a sloppy joe dinner to raise money for Stacey's current medical costs. The dinner will be held on March 2, 2013 from 4-8 p.m. at the Eagles Club in Havre. There will be live and silent auction items available. The dinner is a free-will offering with a suggested price of \$5/person. Stacey has been in Billings receiving treatment for peritoneal cancer and a stroke. Stacey, a widowed mother of two, continues her employment at MSU-Northern; however, her current status is "leave without pay" as her vacation and sick leave along with the generous donation of sick leave from her co-workers at Northern have been exhausted. She continues to require 24-hour care. For more information on how you can help contact Da Harwood at (406) 399-3545 or Lori Osgood (406) 265-5652.



### Upcoming Red Cross Blood Drive

Come on out to the next Red Cross Blood Drive Tuesday, March the 5th from 11:00 a.m. to 4:00 p.m. in Northern's SUB ballroom. You can schedule an appointment or find more info by visiting [www.redcrossblood.org](http://www.redcrossblood.org). Use the sponsor code: msnorthern or call Student Health at 256-3599.

### Zuck to Conduct ASTAR Workshop

Barbara Zuck, assistant professor of Business at MSU-Northern will lead a public seminar entitled: "The ASTAR Training Cycle: 15 Steps from Start to Finish" on Tuesday, March 26 from 1:00 p.m. - 5:00 p.m. The ASTAR Training Cycle is a handbook, or guide, for managers, supervisors, business owners, and trainers. This seminar will be at the Town House Inn in Havre with a cost of \$35.00, which includes a signed copy of her book, The ASTAR Training Cycle. To reserve your spot, please call Barbara at (406) 265-4175 or email her at [barbara.zuck@msun.edu](mailto:barbara.zuck@msun.edu).



## Hypnotist Sailesh to Perform



The future of live entertainment and comedic hypnosis is here, and his name is Sailesh. On Tuesday, March 5 at 8 p.m. in the SUB Ballroom, "SAILESH" will be performing his hypnosis show, free to campus and community.

Sailesh has spun his unique brand with the art of live entertainment to bring you one wondrous show. Performing 5 to 6 shows every week around the USA, Canada, and Europe, Sailesh is greeted as "The Premiere Hypnotist" by organizations all over the world. He's been dubbed by many, "Sailesh: The World's Best Hypnotist." His live performances have been described as a cross between the best frat party you've ever been to and a live concert. Sailesh's show takes audience members on a fantastical journey using hypnosis, improv, music and interactivity to create a whole lot of laughter and fun.

According to Sailesh, "Strength lies in numbers, the more volunteers that choose to come up on stage and be the stars the merrier the show is!" Sailesh has the uncanny ability to turn the ordinary into extraordinary hilarity. The audience's attention is glued to the stage in anticipation of what might happen next. This high energy, completely interactive show ensures that everyone is a part of the action. Be a part of the Sailesh experience!

## Weekly Columns

### @ Your Library

By Vicki Gist

Are you looking for information about an author or his/her work? The Vande Bogart Library has several databases that can be used to find out biographical or literary information about most authors. The "Literary Reference Center" and the "Literature Resource Center" are good sources of information. The "Literary Reference Center" includes plot summaries and critical reviews for books, short stories and poems. This database also includes full text copies of many classic literary titles. The "Literature Resource Center" includes article citations, biographical information, and literary criticism. Many of these articles are available in full-text. You can also locate additional citations with the "LitFinder" or the "MLA International Bibliography". Don't forget that there are many books in the library's collections. Just use the library catalog to locate print and electronic copies of literary works. Contact the library staff if you have any questions about these resources.

Spring Break is coming soon. The school's library will be closed Sunday, March the 10th, open Monday-Friday from 8:00 a.m.-5:00 p.m., and open on Sunday, March 17 from 1:00 p.m.-10:00 p.m. Before leaving for the break, don't forget to check out the books that you will need for your research. Also, remember that the databases can be used from home. And, most important, don't forget have a great Spring Break!

### Computer Corner

By Marianne Hoppe

#### Excel 2010 Tip

##### A keyboard shortcut for returning to the active cell

Some spreadsheets are large and extend well past the right and lower edges of your screen. There are many ways to navigate a large spreadsheet, but scrolling right or down and losing sight of the active cell is quite common. In a small spreadsheet simply scrolling up or left will return you to where you were (the active cell). In a large sheet getting back to the active cell might prove more difficult. You probably remember the general direction of the active cell, but depending on just how far you've wandered, scrolling back to the active cell is probably the least efficient way to get there.

So here's a keyboard shortcut for returning to the active cell from anywhere in the same sheet: After losing sight of the active cell, just press **Ctrl + Backspace** and Excel will return you to the active cell. When you test this, keep in mind that the active cell shouldn't be visible. If it's visible, the screen doesn't change. Be sure to scroll to the right or down until the active cell is no longer on your screen. Every sheet has its own active cell, so you can't use this shortcut to jump between sheets.

## A Pinch of Salt

By Kimmi Boyce

The next New Year's resolution that tends to be broken far too easily is "eat healthier and diet." Even if you tried this goal in January and didn't last past February, eating healthier is a worthy endeavor we can all take on at any time of year. I know this resolution seems a lot like the first one we examined, which was "lose weight and get fit," but eating healthier is so much more imperative than actually losing weight. Eating healthy meals is a cornerstone resolution that leads to success in many other resolution categories.

My advice for this week is to consider changing the mainstays on your grocery list. Dr. Oz made a list of the 100 healthiest foods you could always keep in your kitchen. His list is separated into categories including: fresh produce, frozen, seafood/meats, canned/bottled items, deli/cheese/dairy, pasta/grains/cereal, beans/soy, condiments/herbs/spices/dressings/oils, snack foods/desserts/treats, and beverages. You can view and/or print a printable version of the entire list by visiting: <http://www.doctoroz.com/videos/100-foods-dr-oz-wants-your-shopping-cart>

## Mission Statement

"MSU Northern, a teaching institution, serves a diverse student population by providing liberal arts, professional and technical education programs ranging from certificates through master's degrees. The university promotes a student centered and culturally enriched environment endorsing lifelong learning, personal growth and responsible citizenship. The university partners with a variety of community and external entities to enhance collaborative learning, provide applied research opportunities, stimulate economic development and expand student learning experiences."